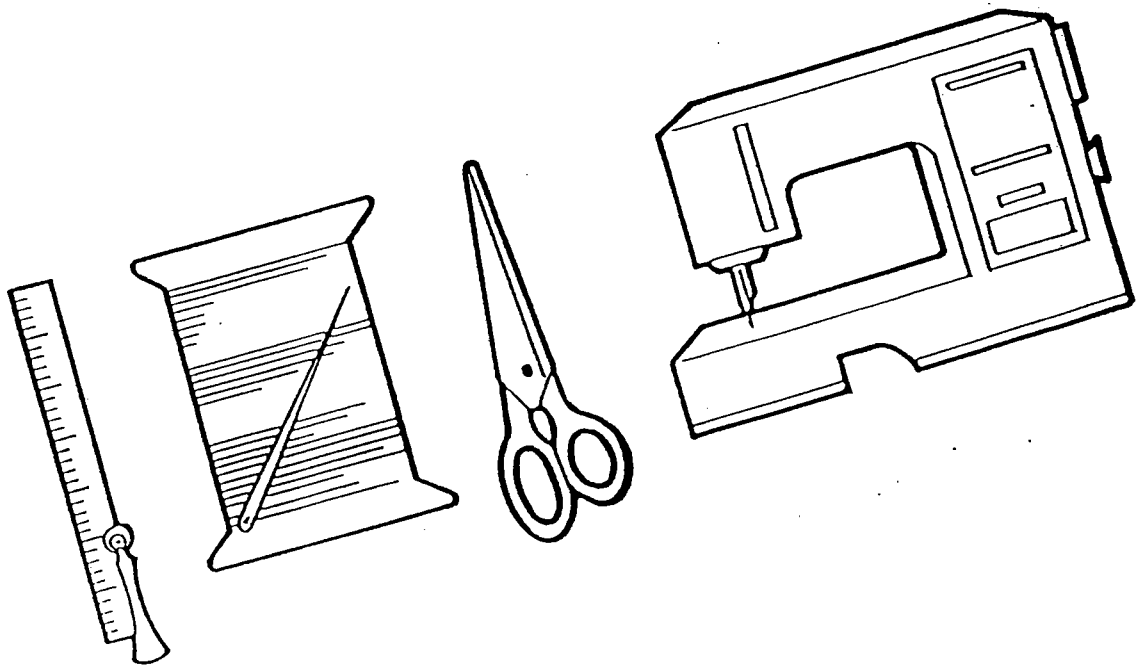


4-H CLOTHING CONSTRUCTION

Girls Level 1



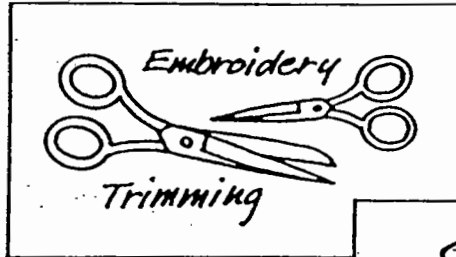
4-H Clothing Construction - Girls - Level 1

Use...

Cotton or cotton-like fabrics that are firm

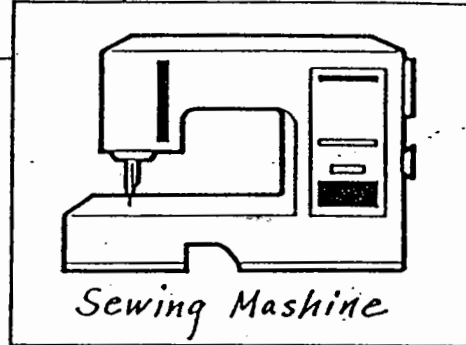
Make at least one...

Tote bag
Apron
Simple poncho
Popover skirt



Make at least one...

Simple skirt
Simple nightgown
Simple blouse or shirt
Half-slip
Swimsuit coverup

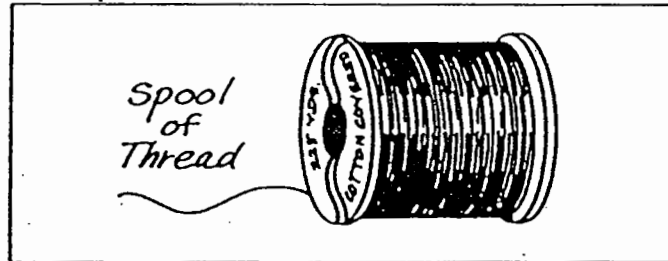
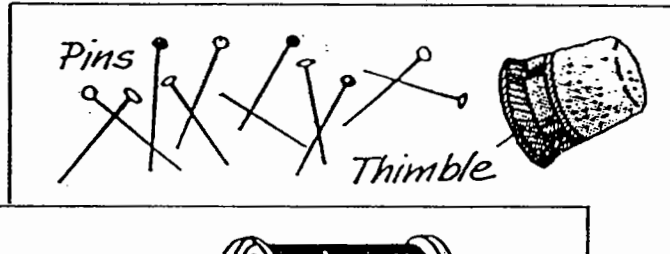


Study...

Different cotton and cotton-blend fabrics
Basic weaves (fabric construction)

Learn and do at least two new construction techniques...

Use basic sewing tools
Use and care for sewing machine
Press cotton and cotton-like fabrics
Make simple seams and seam finishes
Use elastic in a casing
Select fabric
Do simple hand stitches
Straighten fabric
Measure, cut and mark accurately
Identify grain in woven fabrics
Hem by hand and machine
Baste
Preshrink fabric
Construction press
Use a press cloth

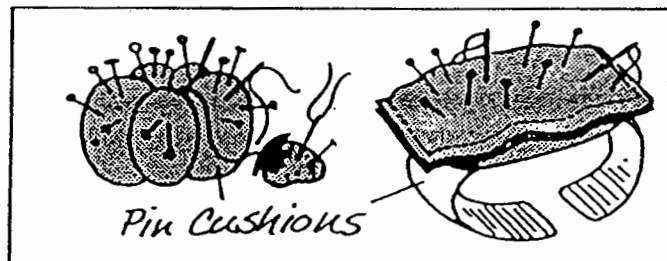


Show and tell...

At least one other person

Give...

At least one demonstration



Before you move on to the next level of 4-H Clothing Construction - Girls, you should complete all of the construction technique requirements listed above. In most cases, this means that you may stay in one level 2 years. During the second year you will improve the skills you have learned by making different garments, using new or different construction techniques.

Project Report

Year _____

Name _____

Route or Street Address _____ City _____ Zip Code _____

Parent's Signature _____

Club _____ County _____

Age _____ Grade in School _____ Year in 4-H _____ Year in Clothing _____

Attach additional pages, if needed

Garments Made	Fabric	Fiber Content	Date Completed	Cost	Savings
---------------	--------	---------------	----------------	------	---------

1. _____

2. _____

What did you learn on
Garment 1? _____

Garment 2? _____

What sewing equipment did you learn to use? _____

What did you learn about cotton or cotton-like fabrics? _____

How did you help others? _____

What demonstrations and/or exhibits did you give?

Title	Where	Date
-------	-------	------

4-H Story - Write a short paragraph about the things you learned, your problems, and what was the most fun about your clothing construction project.

Pictures and Fabric Samples - Attach a snapshot of your garments and fabric samples. Also, include other snapshots that relate to this project.

Construction Samples - Attach a sample seam.

Prepared by Nadine Hackler, Professor, Extension Clothing Specialist. Revised June 1988

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