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FS# 6168

Brevard County 4-H 101 for Educators

What is 4-H?

- The University of Florida/IFAS Extension 4-H Youth Development Program uses a learn-by-doing approach to help youth gain the knowledge and skills they need to be responsible, productive citizens. This mission is accomplished by creating safe and inclusive learning environments, involving caring adults, and utilizing the expertise and resources of the University of Florida and the nationwide land grant university system.

How can you get involved?

- **Youth:** 4-H is open to all youth, ages 5-18, determined as of September 1 of the current 4-H program year. Contact the UF IFAS Extension Brevard County Office to learn more at 321-633-1702 or check out our website at <http://brevard.ifas.ufl.edu/>.
- **Volunteer:** Adult volunteers play an important role in the 4-H program. They mentor 4-H youth, coordinate local community clubs, and help to plan and run events. Learn how to get started and receive training to be a 4-H volunteer. Contact the UF IFAS Extension Brevard County Office to learn more at 321-633-1702 or check out our website at <http://brevard.ifas.ufl.edu/>.

I don't want to have a club, what are my options?

- **School Enrichment:** Brevard County 4-H offers the Tropicana Public Speaking program for youth to participate in. For more information go to: http://florida4h.org/programsandevents/_tropicana-public-speaking-contest/. Unique to Florida, this program gives youth the opportunity to develop, practice, and recite a speech in public.
- **Seminars/Activities/Lessons:** Brevard County 4-H offers one time educational seminars, activities, or lessons in the areas of STEM (robotics, gardening, environmental education, GPS, etc.), Healthy Living (nutrition, cooking), and Career Development (interview skills, resume building, etc.). These seminars are available upon request and may have a low cost associated with them for materials.
- **Curriculum:** 4-H has a wide variety of approved curriculum to use with youth (http://florida4h.org/programs/Florida_4-H_Curriculum-Clearing-House.pdf). Brevard County also has a lending library with many of the resources.
- **Teaching Kits-** Brevard County 4-H offers use of educational kits for the following curriculum:
 - **DIG (Dig into Gardening):** Six series of lessons plans focusing around everything from plant biology to soils to the importance of water for plants. Kits includes a 3ft x 3ft garden bed for use and three bins worth of lesson materials to utilize.
 - **Science Discovery Series:** Includes lessons that focus on science through hands on activities.